

Popoki



Newsletter

No.179 2020.7.24

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http://popoki.cruisejapan.com/index_e.html

<http://popoki.cruisejapan.com>



It's almost August! Where Popoki lives in Kobe is very hot and humid. Many things have changed, but Popoki has something that is still the same! Relaxing with a glass of iced coffee on a hot day! Do you have something that hasn't changed? How about something that makes you relax? Please be well and stay safe!



Popoki's Hot News!



Coming up? ? ?

Nada Challenge was scheduled for 2020.9.13

<https://nadachallenge.wixsite.com/nadachallenge/cny>

Popoki is hoping that it will be held on line

Piece of Peace



One of Popoki's friends, Bethanyan, sent the following piece of peace. "Some people are afraid of being home alone and others are afraid of going outside, but when I'm in my room listening to music there's nothing to be afraid of".

What sort of 'peace' did you encounter today?

Please contribute a bit of peace!

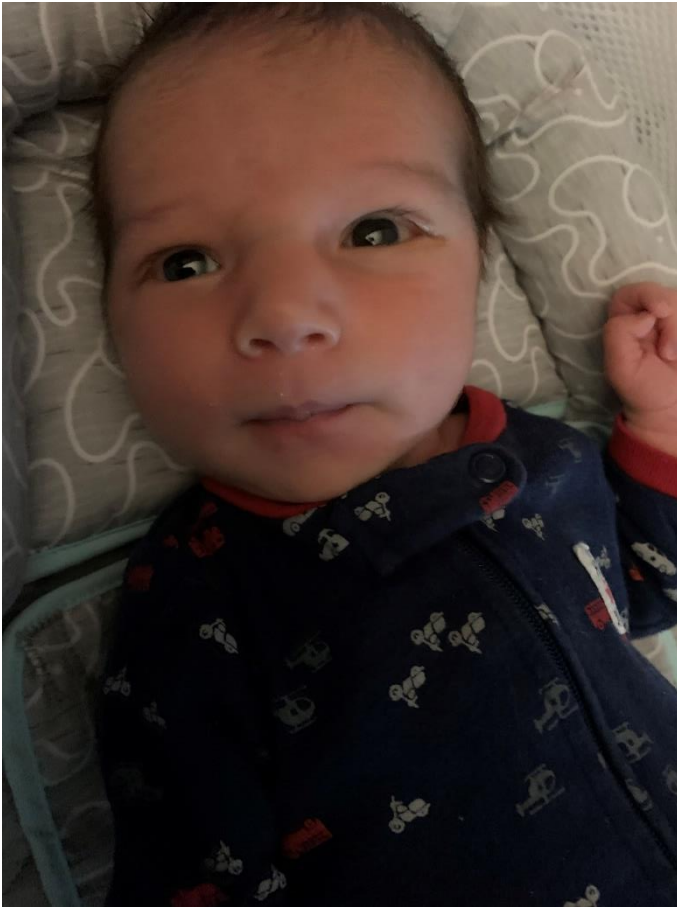
Please let us know by sending a message to Popoki's e-mail:

ronniandpopoki (at) gmail.com !

Popoki's new (and youngest) friend!

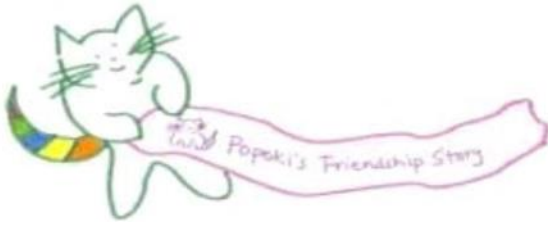
Aaron Mekh Slominski was born in the U.S. at 8:51am on Tuesday, the 23rd of June.

Aaron-nyan's mother is Aastha-nyan and father is Cole-nyan!



Congratulations!!!





Popoki's Interview

* We have started a new series of interviews with Popoki's friends in different places. We are asking about their experiences during the COVID-19 pandemic. This time we have three stories.

COVID-19 in China, Sweden and Malaysia

Hello, I am Yuka Asa. I conducted interviews with 3 friends, Ariel, Denise and Masanori about "COVID-19 in the country that you live in" because I hoped they would express their own situation freely. I got their approval to put their given names in my article.

1. Ariel: She reported about COVID-19 in her city, named Zhuhai (close to Macau), in China from February to March.



Photo 1: No one in the street

The picture of the street was taken in early February when it was a very serious situation. There was a large increase of infections in my city, and mainland people who had traveled to Hong Kong and Macau were forced to come back to my city Zhuhai, or they had to quarantine. So, I took the picture (actually it is a screenshot of a video) when we went out to go shopping for the first time since the outbreak of the virus. The place is the center of transportation in our city and it used to be very busy, but on that day, there were barely any people.



Photo 2: A quiet market

This picture of the market was during mid-February when the situation was slightly better than before, so we could go to the market to buy groceries, but still, people need to wear masks, and some shops remained closed.



Photo 3: The entrance of the park



Photo 4: The entrance of the park

This is during March when the situation in my city was under control. There had been no new cases of infection for days, so the park opened again, but it is different from before. We need to wear masks and we need to measure our temperature before entering the park.

2. Denise: She reports about COVID-19 in Stockholm, Sweden in the middle of June. She lives in Stockholm, Sweden.

Photo 1: On the tram in Sweden



I haven't been to restaurants so I don't know exactly how it is, but they are open under specific conditions. So you still see a lot of people sitting somewhere when you are in Stockholm and in general a lot of people are moving freely around, the tram is maybe not as packed as before, but there are still a lot of people in it! And nobody is wearing a mask! Really just a few!

You see some advertisements and in the shops are some sign also for caring that you should keep a distance. And some supermarkets are actually paying attention that you hold the distance in the queue when you want to pay.

We can do our sports activities, as usual, our soccer practice is going as

usual. Just the games were stopped, but now we are already allowed to play test games. Kindergarten and school for small children stayed open the whole time and just for older students and universities, everything switched to online. Also wherever it is possible where the employees told to work from home. Of course, this is not working everywhere.

In the beginning, all the News was about Corona and now it's getting less. What is interesting is that now they just report the deaths per day and show that it's going down, but in the German news (Denise is from Germany) they actually make people go into quarantine when they come from Sweden because there are so many new infections in Sweden. But that was not in the Swedish news. And all the neighboring countries such as Denmark and Norway and I also think Finland still don't open the borders to Sweden but to other countries (as of June 2020) . Because the infection rate is still so high in Sweden.

3. Masanori: He tells us about COVID-19 in Subang Jaya, Malaysia at the end of March.



Photo 6: No one in a condominium

This picture shows that many restaurants in a condominium seem to have gone bankrupt due to running into financial trouble in COVID-19. It has been about 3 weeks since the resumption of commercial activities was approved, but other stores the business have not resumed. Many stores are voluntarily refraining from reopening.



Photo 7: The entrance of the supermarket

When people enter a supermarket, they need to scan the QR code and fill out their name and phone number. This picture shows a scene where a clerk measures a customer's body temperature and provide a mask and plastic bags, in order to prevent infection.

Voices from Colombia

Yakonyan's friend, Ms. Macualu, helped her to conduct the interviews with two children who live in Chia, a suburb of the north of Bogota, Colombia and translate their answers from Spanish to English.

Interview 1

Interviewer: Yakonyan and Ms. Macualu
Interviewee: Miss Vale Garcia (8 years old)

1) What is your day usually like?

I wake up, take a shower, and have breakfast. At 9am I have online class; at 10 am I have my workout class. At 11am I drink water and I talk with my mom for a while before going back to my class that starts at 12 noon.

At 1pm I have lunch. At 2pm I have class again until 3pm; after that I have free time to watch TV, read, draw, and sometimes I like to write stories. I hang out with my mom as well, and at 7pm I have dinner. At around 8pm I go to bed.

2) What do you think about Covid-19 (the coronavirus)?

Well, I think that Coronavirus is like a virus from which we all have to protect ourselves. It's a virus where we have to stay home, disinfect ourselves, take care of ourselves, and wash our hands.

3) What is your favourite thing now?

Origami paper.

4) Have you drawn pictures or made artwork recently?

Yes, I've made figures in origami, especially flowers.

5) What do you enjoy the most?

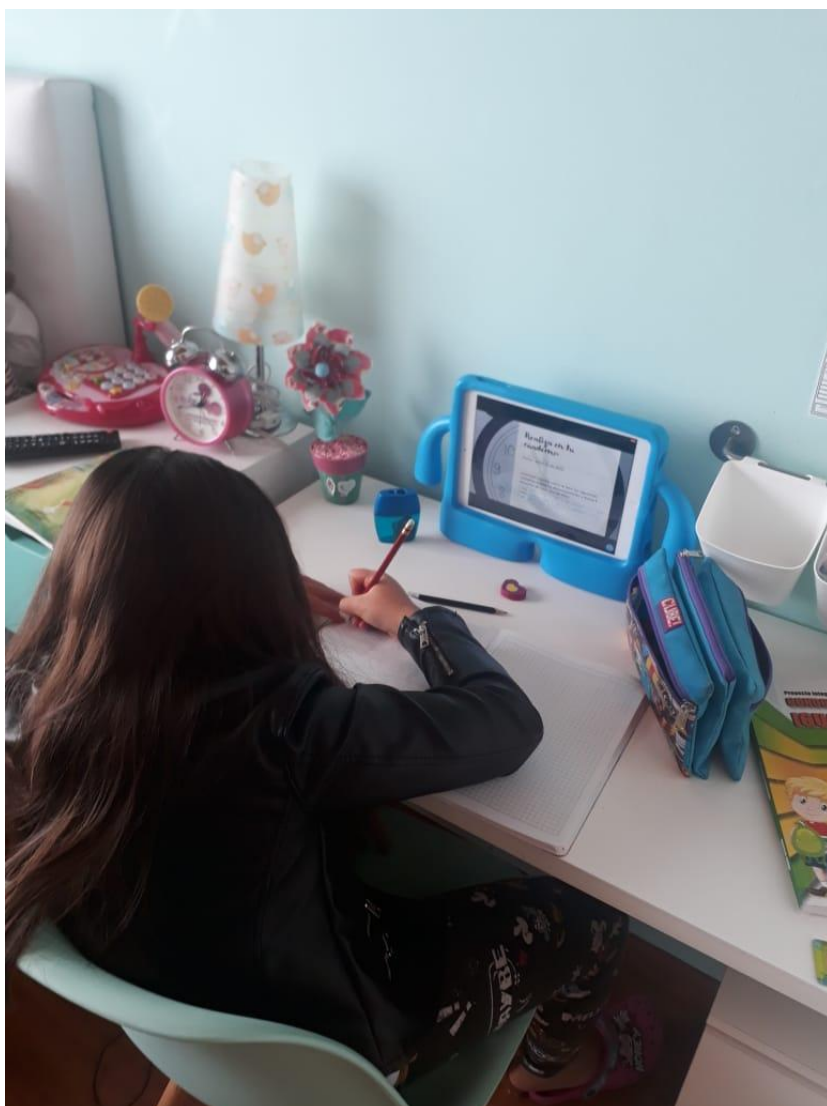
I like that I can spend time with my family.

6) Is there something you don't like now? If so, what is it?

Yes, I don't like that we have to be in lockdown and we can't go out.

7) What do you want to do after the lockdown when you're allowed to go out?

The first thing that I would like to do is to see my classmates.



Interview 2

Interviewer: Yakonyan and Ms. Macualu

Interviewee: Mr Gerobros (5 years old)

1) What is your day usually like?

I wake up, I take a shower; after that I have breakfast and I go to play with my toys.

At 9am I have online class, and I play with Ms. Paola. In the afternoon, I play hide-and-go-seek; at night I have dinner, brush my teeth, and go to sleep.

2) What do you think about Covid-19 (the coronavirus)?

I can get sick.

3) **What is your favourite thing now?**

A Mario Bros. toy; I like Mario Bros. All my room is decorated with Mario Bros. posters and toys.

4) **Have you drawn pictures or made artwork recently?**

Yes, I made a red owl with red and white play dough, a styrofoam ball, and a fork.

5) **What do you enjoy doing the most?**

Dance.

6) **Is there something you don't like now? If your answer is yes, what is it?**

I can't go to the park.

7) **What do you want to do after the lockdown and you're allowed to go out?**

I want to go to the park and play with my sister and my brother, and ride the bike that my parents gave me as a gift for my birthday.



POPOKI'S EASY POGA

Lesson 147 This month's theme is shoulders and neck!



1. First, as always, sit up straight and look beautiful.
2. Now, stand and put you hand on your head. Let the weight of your arm pull your head down to stretch your neck. When you finish one side, try the other!
3. Next, put both hands on your head. Gently pull down. Is your neck stretching?
4. Now, bring your shoulders up, up, up, up to your ears! Hold...and relax! Repeat!
5. Did it? Even if you didn't succeed, you tried! It is time for the 'success pose.' Congratulations! Do you feel refreshed? Please remember to relax, breathe, laugh and practice for 3 minutes every day.

Please join us!



Next Po-kai: 2020.8.11 @ zoom! 18:30~*

* Contact Popoki for the link

8.6 9:00-10:30 Hiroshima/Nagasaki Day Zoom to discuss nuclear issues in Japan, U.S., and Guam. Please contact Popoki if you want to join us.

8.6 Popoki @ the 17th Seminar on Education for International Understanding and Development Education for Living Together in Harmony (in Japanese). See the next page or contact Popoki for details!

Book Suggestion from Popoki's Friends

Otsuchi-cho (July, 2019). *"Ikiru Akashi – Iwateken Otsuchi-cho Higashi nihon daishinsai kirokushi"* (Testimony of Living: A Record of the Great East Japan Earthquake in Otsuchi-cho, Iwate Prefecture). Editorial Supervision: Otsuchi-cho Board of Education, others.

第17回 多文化共生のための 国際理解教育・開発教育 ZOOMを使って オンラインセミナー

共に生きる地球社会の実現に向けて、
国際理解教育・開発教育の実践セミナーを開催します。

対象者：国際理解教育・開発教育に興味のある教職員、学校関係者、学生、高校生

参加費無料

主催：兵庫県教育委員会、神戸市教育委員会、公益財団法人神戸 YMCA、公益財団法人 PHD 協会、
公益財団法人アジア福祉教育財団難民事業本部、独立行政法人国際協力機構関西センター（JICA 関西）

8月4日(火)

13:00-14:30 >> 基調講演 <<参加型>>

「COVID-19と開発教育」 定員：80名(先着)

- 講師：開発教育協会(DEAR)事務局長 中村絵乃
- 内容：COVID-19は、今の社会の問題を明らかにし、教育の役割を大きく問い直すことになりました。ウィズコロナの時代に、持続可能な社会を作るための教育をどのように進めればよいのでしょうか。グループワークも含めて、皆さんと考えていきたいと思います

15:00-17:00 >> 分科会① <<参加型>>

「プラスチックごみ」(国際理解、環境、SDGs) 定員：20名(先着)

- 講師：開発教育協会(DEAR)職員 伊藤容子・八木亜紀子
- 内容：DEARが作成中の教材「プラスチックごみ」を使ったワークショップです。プラごみをめぐる日本と世界の現状、リサイクルの謎、そして、より良い未来のためのアクションについて考えます。 ※外務省 NGO 相談員事業

8月5日(水)

13:00-14:30 >> 分科会②

「ICT×SDGs:バーチャル学校訪問から見る、遠隔授業の可能性」
(多文化共生) 定員：40名(先着)

- 講師：滋賀県立米原高等学校教諭 堀尾美央
レジオサントアナ学園(ブラジル人学校)校長 中田ケンコ
- 内容：COVID19の影響によって学校現場に身近になったICT教育。滋賀県の外国人学校と中継接続した遠隔授業を通じて、ICT×グローバル教育を体験してみましょう!

15:00-16:10 >> 分科会③ <<参加型>>

「ワークショップで考える難民」(難民) 定員：48名(先着)

- 講師：難民事業本部関西支部 中尾秀一
- 内容：あなたの家族が難民になったらどうしますか、難民とはどのような人なのでしょうか。難民の定義や避難しなければならない原因、難民の身に降りかかる困難について、教室でもオンラインでも使える手法を考えます。

8月6日(木)

13:00-14:30 >> 分科会④ <<参加型>>

「ねこのポーポキと一緒に平和をつくりましょう」(平和) 定員：20名(先着)
Making Peace with the Cat, Popoki Ronni Alexander

- 講師：神戸大学大学院 国際協力研究科 教授 ロニー アレキサンダー
- 内容：「平和って何色?」平和そのものやそれを妨げるものについて問いかけるバイリンガルな猫、ポーポキ。オンラインで一人ひとりの積極的な平和づくりを目的とする参加型ワークショップです。

おねがい

<<参加型>>の分科会は顔を出して
(カメラをオンにして)のご参加をお願い致します。

※申込書にご記入頂く個人情報
は、セミナーに関連する事前・事後
の随手続きのみに使用いたします。

<<詳細・申し込み方法>> 7月31日(金)締め切り

下記 URL または QRコード よりWEBフォームへお進みください。詳細をご確認頂けます。

【URL: <https://forms.gle/ixJZWRHae9ywPccj9>】

【お問い合わせ先】

JICA 関西 市民参加協力課 担当 遊川(ゆうかわ) TEL:078-261-0384 / E-mail:jicaksic-renkei@jica.go.jp

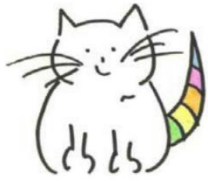


Popoki in Print

* Back issues of Popoki News: http://popoki.cruisejapan.com/archives_e.html

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- 'Friendship' No.2 2009.11 Itami City International/Peace Exchange Commission, Annual Events, p.1-2.
- 'Not for But With...' No.79, 2010.1 Notice of the Popoki Peace Challenge event. P.12
- 'Nada' notice of the Popoki Peace Challenge event, 2009.12, p.2
- 'Yujotte...Kangaeru Ehon.' *Asahi Shimbun* 2009.7.2 AKUZAWA Etsuko
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- "An Interview with Dr. Ronni Alexander." *The Newpeople*, Pittsburgh's Peace and Justice Newspaper, Vol.38 No.9, October 2008, p.5
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- Popoki in Pittsburgh. Check out the Remembering Hiroshima/Imagining Peace URL: <http://www.rememberinghiroshima.org/>





What Popoki Means to Me

Rakunyan

Popoki means to me, understanding. Popoki is a very enthusiastic friend for teaching me about Japan. Popoki is patient and a good listener. Popoki has listened to my challenges in moving into Japan. I met Popoki in the first days after I arrived in Japan. Popoki was my first friend in Japan. I am fortunate to have Popoki in my life. Popoki teaches me about Japan. As much as Popoki teaches me about Japan, I have a better understanding of this new world. I like some things about Japan. But when Popoki talks to me about Japan, I like everything. I love talking with Popoki. Popoki has many friends. And all Popoki's friends want to talk to him too. Popoki made two new friends. They are also my friends. I talk to them every day. Thank you very much, Popoki!



PLEASE HELP SUPPORT THE POPOKI PEACE PROJECT!

The Popoki Peace Project is a voluntary project which uses Popoki's peace book and DVD to promote peace through various activities such as peace camps, peace workshops, seminars and other activities. Since the March 2011 earthquake, we have also worked in the disaster area and in 2012 published a book about that work: *Popoki's Friendship Story - Our Peace Journey Born Out of the Great Northeastern Japan Earthquake. Popoki, What Color is Peace?* has been translated into Thai, Chinese, Korean, Khmer, Indonesian, Tetun and Bengali, Vietnamese, Arabic and Hebrew. Spanish, Farsi, Lao, Swahili, translations are underway. If you would like to translate Popoki, or have a way to have the book sold at your local bookstore, please let us know.

How to purchase Popoki's books: *Popoki, What Color is Peace? Popoki's Peace Book 1, Popoki, What Color is Friendship? Popoki's Peace Book 2, Popoki, What Color is Genki? Popoki's Peace Book 3 and Popoki's Friendship Story*

From outside of Japan

1. Go to your local Japanese bookstore: Kinokuniya, Maruzen, etc. (or their website)
2. Write to us at ronniandpopoki@gmail.com and we'll figure it out!

From Inside Japan

From the publisher, Epic: TEL: 078-241-7561 · FAX: 078-241-1918

From Amazon.co.jp or your local bookseller

From the Popoki Peace Project ronniandpopoki@gmail.com



Contributions are always welcome!

Popoki Peace Project popokipeace-at-gmail.com

<http://popoki.cruisejapan.com>



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THANK YOU FROM POPOKI!